# whole health

# MERGING SPIRITUAL GUIDANCE WITH HEALTHCARE

Whole Health seamlessly integrates your church's faith and medical expertise to uplift and heal communities.



### **INITIATIVES**



#### **HEALTH CLINICS**

Health clinics are a one day event focused on mobilizing health professionals to provide free medical and dental care in collaboration with local churches.



#### HEALTH EDUCATION

Health education is any combination of learning experiences designed to help individuals and communities improve their health.



#### NUTRITION

Nutrition is about eating a healthy and balanced diet. Understanding nutrition makes it easier for you and your community to make better food choices.

## ABOUT —

Whole Health bridges local churches and health experts to meet community health needs. It enables churches to reach local families and offers professionals a way to help the underserved. It's ideal for churches addressing real needs and health experts eager to aid the less fortunate. Through Whole Health, foster physical and spiritual wellness, linking people to healthcare and Jesus Christ's healing.

- 1. Form Your Health Team With guidance from your Whole Health strategist, select church members to spearhead your health initiatives.
- 2. Launch Your Health Clinic or Initiative Your team will organize a health clinic, offering free medical and dental care for many local families.
- 3. **Engage with Neighbors** Leverage connections made at the clinic and church to further serve and share the Good News with your community.



